

If undelivered return to:
GYMNASTICS WA
22 EMMERSON STREET
NTH PERTH WA 6006

SURFACE MAIL
Print Post Approved
PP 634660/0007

POSTAGE
PAID
AUSTRALIA

Healthway



Gymnastics WA Bulletin

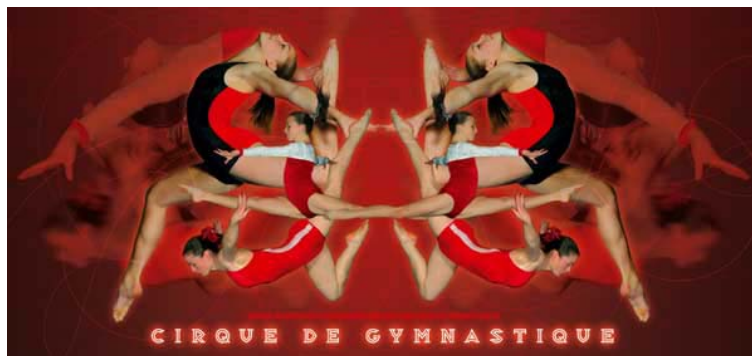


SEPTEMBER 2004 Edition

Gymnastics
Western Australia

Cirque de Gymnastique

Fri 15th & Sat 16th Oct 2004



Inside this issue:

From the ED's Desk

-Club 10 Update

-Education Information –

*Coaching/Judging courses,
articles*

REPORTS

-Men's Artistic Gymnastics

-Women's Artistic Gymnastics

-Rhythmic Gymnastics

-General Gym Info

-Sport Aerobics

-Trampoline Sports

-Sports Acrobatics

-Advertisements

Gymnastics WA

BOARD OF MANAGEMENT

President Steve Chetkovich
Vice President Steve Turpin

Elected Board Members:

Gail Melinger
Garry Bartle NW
Debbie Van Hagen
Jenny Smith

Appointed:

Gratton Wilson ED
Richard Edinger Finance

OFFICE STAFF:

Executive Director Gratton Wilson
director@gymnasticswa.asn.au

Office/Sports Manager – AER/MAG HPC
Roy Robinson
sportaer@gymnasticswa.asn.au

Sports Manager –MAG/GG/ACRO/TRAMP
Marie Arendt
mag@gymnasticswa.asn.au

Sports Manager – WAG/RG
Sue Georgeff
wag@gymnasticswa.asn.au

Club 10 Officer Sam Williams
club10@gymnasticswa.asn.au

Education Jane Collins
coach@gymnasticwa.asn.au

MAG HPC Head Coach
Igor Bepalov
dessdimitrov@hotmail.com

REGIONAL COORDINATORS:

NWRGA Andrew McLaughlin
Andrew.T.Mclaughlin@BHPBilliton.com

SW Krystie Camisa
krystie.camisa@wapl.com.au

GSCSRGA Marie Arendt
mag@gymnasticswa.asn.au

LIFE MEMBERS:

N Read J. Simensen (deceased)
T Delhanty P King
N Hunt N Jol-Jacoby
V Norris A Kovacs
M Panizza D Robertson (deceased)
C Burch B Thompson
M Strauss (deceased) L Chetkovich
J Biloft

SPORT MANAGEMENT COMMITTEE EXECUTIVE:

WAG

Chair Deb Van Hagen
Technical Director Julie Biloft
Coaching Coordinator Dhana Antulov
Judging Coordinator Pam Pryce

MAG

Chair Ann Ranieri
Coaching Coordinator Des Dimitrov
Judging Coordinator Ann Ranieri
Zoey Blampey

RG

Chair Karyn Murray
Technical Director Karyn Murray
Coaching Coordinator Stella Johnston
Judging Coordinator
Elite Barbara Smith
Levels Karen Gilgallon

GG / ACRO

Sports Manager Marie Arendt
Club Representatives

AER

Chair Karon Williams
Coaching Coordinator Trudi Nurse
Judging Coordinator Karon Williams

TRAMP

Chair Pam Walker
Coaching Coordinator Philippa Preuss
Judging Coordinator Dick Townsend

SPONSORS

- BHP
- Healthway
- Department of Sport & Recreation
- WAIS
- Ricoh
- Foam Sales
- QANTAS

ADVERTISING IN GWA BULLETIN

(Free for all members. Cost for non-members only – or clubs with non gymnastics related ads.)

¼ page	1 issue (300 copies)	\$50.00
	Full Year	\$200.00
½ page	1 issue (300 copies)	\$100.00
	Full Year	\$500.00
1 page	1 issue (300 copies)	\$250.00
	Full Year	\$1000.00

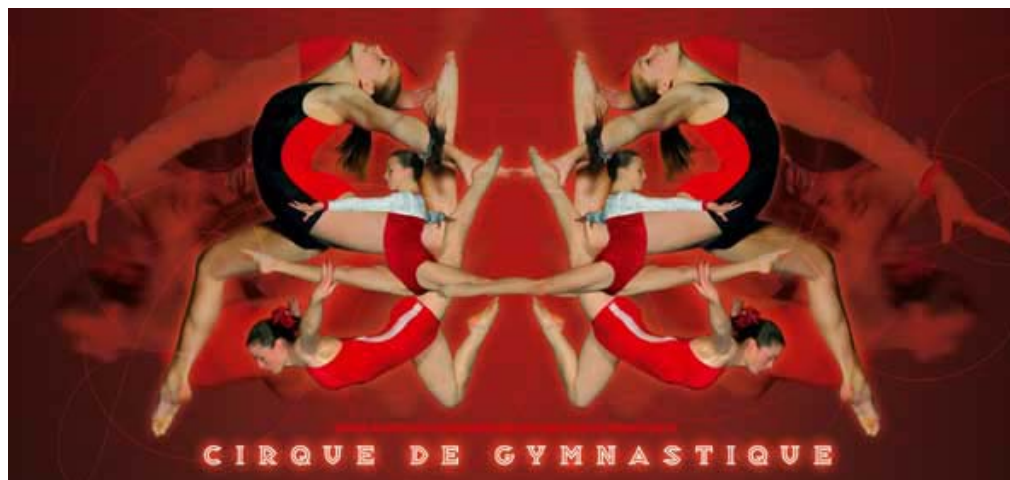
DEADLINE: 2nd Wednesday of each month

FROM THE EXECUTIVE DIRECTOR



Gymnastics
Western Australia

Cirque de Gymnastique



Gymnastics WA in association with skadada youth runway have combined to create a show called Cirque de Gymnastique. Cirque de Gymnastique is a fully choreographed show featuring a collection of Western Australia's best gymnasts and some of skadada's top performers under professional lighting in the main arena at Challenge Stadium.

Cirque de Gymnastique is an exciting crossover between arts and sport featuring some of WA's most talented young athletes and performers. The show combines spectacular lighting, artistic and rhythmic gymnastics, awesome aerials featuring silks, trapeze and lyra (from skadada), stunning cheerleading and world champion sport aerobics and amazing German wheel displays.

Show Times - 3 shows only
Fri 15th October 6.30pm
Sat 16th October 2.30pm - Matinee
Sat 16th October 6.30pm

*Tickets from Ticketmaster7
phone: 136 100*

Adults \$19.50
Child \$13.50
Family (2/2) \$58.00
Group Bookings – Book ten tickets get the eleventh ticket free

Venue: Challenge Stadium - Stephenson Ave, Mt Claremont

We need the help of all our Technical Members to promote the show and have

included ten flyers for distribution to your network (Clubs also have flyers for distribution – these have been posted separately). Cirque de Gymnastique is an entertainment experience not to be missed.

Olympic Update

Well done to the Australian Women's Team on their eighth placing in the Team Final. The team did themselves and their country proud in an extremely tight round of competition.

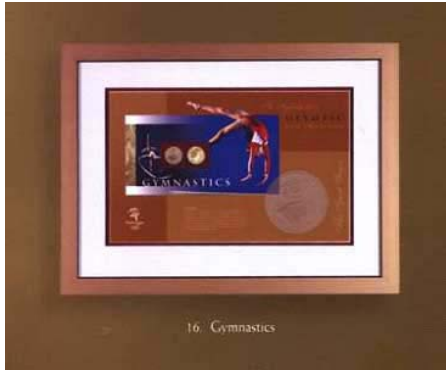
Congratulations also to Allana Slater (WA) and Stephanie Moorhouse (VIC) on their 10th and 20th placing respectively in the All Around competition. Allana Slater also finished eight in Beam finals to cap of a good result for her in Athens.

Olympic Coin Memorabilia - For Sale

We have extended our Coin silent auction offer until Friday 8th October.

The Limited Edition coins are professionally framed and look magnificent. There were only 500 coins originally minted, and we have been able to secure the last few. These coins are a Collectors item, and once sold they will never again be available (the Coins originally retailed for \$695.00).

Gymnastics WA will offer the coins for sale by silent auction (with a set reserve) and proceeds from the sale of coins will go towards the purchase of a new artistic gymnastic floor.



Gymnastics WA only have a limited number of the Sydney 2000 Gymnastic Coins and they are available for purchase by silent auction on a first come first serve basis to all formally received bids which are above the set reserve price. Persons interested in purchasing the framed Limited Edition Sydney 2000 Olympic Coin from Gymnastics WA should return the Bidding Form to Gymnastics WA.

WA on Show

Gymnastics WA was part of the opening of the new Convention Centre in Perth – Friday 27th to Tuesday 31st August. We were able to promote the sport to the 180,000 visitors that passed through the centre during the 5 days.

Special thanks to all the Volunteers and staff who distributed Club information, gymnastics promotional information, display videos and photographs marketing all aspects of the great sport of gymnastics.

We also put on a series of five 20 minute display performances on the Lotterywest stage area. Well done to Cheerleading, Sport Aerobics, Rhythmic Gymnastics, Men's Gymnastics and Women's gymnastics who were on show promoting the sport through some amazing displays.

State Championships

Western Australia's premier gymnastics event was held at Challenge Stadium from the 2-5th September.

Congratulations and thanks to all those athletes, coaches, judges and helpers who combined to make this years State Championships a success. It was great to see so many happy faces, and this year we had over 670 competitors.

We also had great support from Alcoa Coach in Residence who assisted in

bringing over Edith Peluso - an RG Coach and Judge - from South Australia to conduct RG Coaching and judging Workshops.

See results on-www.gymnasticswa.asn.au

Champion Club

Congratulations to Star-Mites Gymnastics who took out the 2004 Champion Club award for the first time (an award based on State Championships results and event participants). In this year's award they were closely followed by Vital, and Northern Districts second and third respectively.

Commonwealth Youth Games Training Camp - WAG

Thursday 30th September though to Thursday 7th October will see Perth as the location for the Commonwealth Youth Games squad Training Camp. National Coach Peggy Liddick will be in town along with some of Australia's future stars.

Two trial events will also be held:
Sat 2nd Oct 2.00 - 4.30pm, and
Sun 3rd Oct 2.00 - 4.30pm at Challenge Stadium.

WAG Sports Manager Sue Georgeff will send out more info directly to WAG Clubs – keep an eye out for this.

Reconvened AGM Reminder

Just a reminder to Clubs that the GWA 2005 Membership Fees will be presented at the reconvened AGM on Sunday 24th October at 9.00am at Len Fletcher Sports Pavilion.

Raffle

The Gymnastics WA Equipment Raffle is on again and we rely on Club members selling loads of tickets.

All funds raised will be used to purchase equipment for the State Centre – this year's aim is for a new artistic gymnastic floor (they are expensive, but we are seeking to raise a target of 20% of the floor cost through two raffle years). Your Club can keep 50% of the funds generated from ticket sales for your own fund raising – thus for every \$2.00 ticket sold you keep \$1.00 at your Club.



Update

Committed to Quality

September 2004

Club 10 Applications

Club 10 Applications have now closed for 2004. Congratulations to the following clubs who completed applications this year.

Coastal GC
Hedland GC
Kununurra GC
Newman GC
Northern Districts GC
Pearl Coast GC Broome
Silhouette Dance Company
Spirit Gymsports
Waroona Children's GC
Audits are now being conducted prior to applications being presented to the Club 10 Advisory Committee for endorsement.

Club 10 Visits

I have recently been to visit Northern Districts, Spirit Gymsports and Toodyay Gymnastics Club.

Northern Districts make good use of their space with recreational and competitive programs sharing the gym. The club colours are reflected throughout the venue.

Spirit Gymsports have a fantastic waiting and viewing area with well defined boundaries so only participating children can access the gym. Club signage is on noticeboards that can be easily packed away.

An early morning drive found me at Toodyay Gymnastics Club to see their Kindergym class. They have a great range of kindergym equipment and the kids loved the 'figure 8' circuit where they went over the mountain and through the mountain. The club screen prints their own t-shirts.

Recruiting Volunteers

The Office for Seniors Interests and Volunteering has recently released Booming Recruiting: An Action Research Project which is full of ideas and strategies that will assist organisations to recruit both Baby Boomer volunteers and other volunteers. View this resource at www.volunteering.communitydevelopment.wa.gov.au/publications.html

Officials Information Sheets

The DSR has produced new information sheets to assist clubs with the recruitment, training and recognition of officials. It also includes some useful tips on how to reduce harassment of officials. Resources are available at www.dsr.wa.gov.au/programs/officiating/officiating.asp

Gymnastics Australia



WA Club 10 Officer
Sam Williams 0427 251 074
club10@gymnasticswa.asn.au

**Club 10 Visit to
Northern Gymnastics Club Inc**



Spotting blocks used to define space



Program information displayed



Well presented reception area



Huge range of equipment

**Club 10 Visit to
Spirit Gymsports**



Great waiting area and...



viewing area with clear boundaries



Bright, well maintained equipment



Portable reception/office area

**Club 10 Visit to
Toodyay Gymnastics Club Inc**



Club screen prints their own t-shirts



Interesting kindergym equipment



Play area for before and after class



Over the mountain, and through the mountain



Exciting 'figure 8' circuit

Would you like me to visit your club?
Contact Sam Williams at GWA
or on 0427 251 074
club10@gymnasticswa.asn.au

COACHING INFORMATION



Education Calendar 2004/5

(Updated September 2004)

Date	Closing Date	Course	Venue
Sat 30 Oct		Level 1 (Part 1) PRINCIPLES OF GYMNASTICS Coaching Course	Carnarvon
Sun 31 Oct		Level 1 (Part 2) GENERAL GYMNASTICS/ KINDERGYM	Carnarvon
Sat/ Sun 6/7 November		Level 1A RG Judging Course	RG HPC, Mt Claremont
Sat 13 November	Mon 1 Nov	Level 1 (Part 1) GENERAL PRINCIPLES Coaching Course	LFP, North Perth
Sun 14 November	Mon 1 Nov	Level 1 (Part 2) GENERAL GYM / RG / KINDERGYM / WAG	TBA
Sun 27/ 28 Nov		NW Conference	Pt Hedland
Sun 28 Nov	Mon 8 Nov	Updating Workshops	Perth
Jan 22-24 2005	Fri 14 Jan	GWA STATE COACHING CONGRESS – All Disciplines	Perth
Feb/March 2005		Level 1 CHEERLEADING/ AEROBIC GYMNASTICS/ SPORTS ACROBATICS/TRAMPOLINING	Perth

Please note all dates and venues are subject to change. Details are confirmed on receipt of an application form and payment.

Other Relevant Courses

Date	Course	Contact Details
Weds 1 Sept – Weds 27 Oct (Weekly)	Level 2 Coaching Principles (all Sports)	Blasé Czerniakowski Central TAFE 9427 3778 Forms from Linked to www.dsr.wa.gov.au
Tuesdays 20 July – 16 Nov	Officiating General Principles Course – (all disciplines)	Liane Tooth 9387 9787 liane.tooth@dsr.wa.gov.au



Gymnastics
Western Australia

LEVEL 1 APPLICATION FORM

GWA Coaching Accreditation Courses

Please circle the date/s you wish to attend

Courses 2004	Dates	Closing Dates	Venue
Part 1: General Principles	• Sat 13 Nov	• Mon 1 Nov	LFP North Perth
Part 2: MAG	•	•	
Part 2 : WAG	• Sun 14 Nov	• Mon 1 Nov	TBA
Part 2 :General Gym	• Sun 14 Nov	• Mon 1 Nov	TBA
Part 2: Kinder gym	• Sun 14 Nov	• Mon 1 Nov	TBA
Part 2 : Trampolining	Early 2005		
Part 2 : RG	• Sun 14 Nov	• Mon 1 Nov	RG HPC Perth
Part 2 : Sport Aerobics	• Early 2005		
Part 2 : Sports Acrobatics	Early 2005		

All course dates and venues are subject to change – confirmation of details will be sent on receipt of application form and payment

Personal Details

Name		
Address		
		Post Code:
Contact Details	H:	M:
	W:	E:
Affiliated Club (if any)		DOB:
Do you hold a current gymnastics accreditation?		
Who will be your Mentor? Must be an approved mentor (contact GWA for details)		

Course Fees

Course	GWA Club Member		Non Member
	Early Bird Rate		
Part 1: General Principles	\$97.50	\$107.50	\$235.00
Part 2: Sport Specific	\$97.50	\$107.50	\$235.00
CAPS Member	\$73.00	\$80.60	
Updating Only (per day) does not include course resources	\$60.00	\$70.00	\$200.00
Credit Card Payment	Card No:		
Name on card:			Please make cheques payable to: Gymnastics WA 22 Emmerson St, North Perth WA 6005
Expiry Date:			
Card Type:			
Office Use Only Receipt No:			

JUDGING INFORMATION



Enrolment

All candidates must complete an enrolment form and return to GWA with payment at least one week prior to the course. This process has changed as Gymnastics Australia now requires all Judging Courses to be sanctioned and entered onto the GA database in the same manner as Coaching Courses are currently. Enrolment forms are available on the GWA website at <http://gymnasticswa.asn.au/forms.htm>

Upcoming Judging Courses

RG Level 1A Course

Day 1: 6th November
3.30 – 6.30pm
Venue: RG HPC Montgomery Hall,
Heritage Lane, Mt
Claremont
Day 2: 7th November
9.30 – 12.30pm (TBC)
Venue: TBA (L1-3 State Champs)
Bring: RG Levels Manual, Pen,
Paper
Cost: \$55 (inc State Reg)

Officials Breakfast

The third Officials Breakfast for 2004 is being held on Friday, 17 September from 7am - 8.30am in the Bill Walker Room, Level 2 Subiaco Oval. Cost is \$12 per person.

Come along and hear about the recently developed introductory seminar for new officials. We will also talk about the challenges ahead following of the Year of the Official. Registration forms are available at www.dsr.wa.gov.au/programs/officiating/events.asp



Happy Judging

Sam Williams
Judging Administrator
club10@gymnasticswa.asn.au

Men's Artistic



Gymnastics Australia
Men's Artistic Gymnastics

State Championships

Congratulations to all the athletes, coaches and officials on a fantastic State Championships. The Boy's sessions run well and everyone had a great time.

Congratulations to the following champions for each level:

Level 2 Aged
Curtis Booth Jungle Gym

Level 2 Open
Dain Samuelson Vital

Level 3 Aged
Richard Lilje Spirit

Level 3 Open (93-94) and Overall
Level 3 Champion
Terrance Daniel NDGC

Level 3 Open(95-97)
Jake Thompson NDGC

Level 4 Aged
Fletcher Donahue Vital

Level 4 Open
Aiden Messori Star Mites

Level 5 Aged
Grant Carslake West Coast

Level 5 Open
Kyle Holmes Star Mites

Level 6 Aged
Bijan Khadembashi Vital

Level 6 Open
Tyron Nohr Starmites

Level 7 Open
Jwayne Loong Star Mites

New Level 2 High Bar Routine (WA Only)

To be performed on low bar
Glide swing
Pull over
Cast Back Hip Circle
Underswing

National Clubs 2004

Good luck to the clubs below who are competing at National Clubs this year:

Star Mites
High Flyers
Woodside Energy Squad members are also competing for their individual clubs



Gymnastics Australia
Women's Artistic Gymnastics

WOMEN'S ARTISTIC

FIG Judging Course

The Brevet course for FIG is to be held on the long weekend in March. Once there are more details, I will let people know.

National Judging Course

There will be a course held between Australian Championships and National Clubs 2005.

New Levels Code

The current levels code will be kept until **after** Nationals 2005.

Next SMC

The September SMC will be held on Tuesday 28th September from 7.00-9.00pm. We are constantly trying to improve areas of WAG. Unfortunately there usually is only committee members at our meetings. Please send someone from your club to assist us make decisions for the future of our sport.

NDP Meeting

All clubs are invited to attend a meeting about the National Development Program. We will be reviewing the program and running of competitions within WA. Helen Colagiuri, National Technical Director, will be present at this meeting to assist. Each club may send a maximum of two (2) delegates to this meeting.

NDP Review

Tuesday 5th October

9.30-12.30pm

WAIS Meeting Room

National Level 4-6 Review

Level 4-6 will be reviewed for competitions from National Clubs 2005 onwards. At our September

SMC this will be discussed, considering the following agenda as sent out by Helen Colagiuri:

- Should level 4-6 continue in it's current format?
- Should L4-6 be compulsory routines?
- Should there be 2 streams?
As a follow on from the 3 categories in Level 1-3 most category 1 gymnasts will move to International 6. Do we need to develop 2 streams as a pathway for B & C category gymnasts?
This would be similar to the State streams currently operating in a number of States.

Youth Commonwealth Games Trials

These are to be held at Challenge Stadium (in the gym training centre) on Sat 2nd and Sun 3rd October 2004, times to be confirmed. Come and see some of Australia's top gymnasts vying for positions in this team.

RHYTHMIC GYMNASTICS



Gymnastics Australia
Rhythmic Gymnastics

Upcoming Elite Trials

We would like to extend good luck to Courtney Holloway for the up and coming Commonwealth Youth Games trial to be held at the Victorian High Performance Centre on Sunday 26th September.

The Youth Olympic Festival trial is also being held at this time. Best of luck is extended to Elizabeth Cumming and Tanya Vulin for this competition.

Alcoa Coach in Residence

Edith Peluso's visit to WA was very well received by all. She worked tirelessly in assisting us with judging at State Championships. After 3 hectic days she then proceeded to lecture in coaching for another 4 days! There has been only positive feedback from the workshops. Thanks to Alcoa for assisting with funding.

Upcoming Competitions

To assist in the organisation of all competitions please complete the correct entry form and email to GWA by the due date of the competition

Optional Spectacular

Sunday 24th October
Venue and time to be confirmed
This competition is opened up to all gymnasts as an individual event. There is also a groups, pairs and trios component as per usual. This would be a great opportunity for Level 1-3 gymnasts to have a practice competition prior to their State Championships.

Level 1-3 State Championships

Sunday 7th November
Star-Mites(Bayswater) will be hosting this event
Times to be confirmed
Depending on numbers, it may be possible to order (pre order only) Tshirts at a cost of \$22.00 each. They will be the same design as the recent States at Challenge Stadium.

Next SMC

This is scheduled to be held on:
Monday 11th October
8.00-10.00pm at Len Fletcher
Agenda items for this meeting include:
Calendar 2005
Technical Regulations 2005
Schoolgirls 2005



Gymnastics Australia
General Gymnastics

GENERAL GYMNASTICS

Squads off to Aussie Gymfest

Good luck to the display teams and cheerleaders who are off to the Gymsports Spectacular 2004. We hope you have a great time. Good Luck!

Teams going this year include:

GWA Display Teams: Harlequin Spirals
Perth Angels
Jollettes display team and cheerleading
Batavia Coast display team
Fit 2 Cheer
Western Cheerleading Dance Company

Gymfest in the West 2004 Fremantle Festival

Notice: Gymfest is now on 28th November 2004

What is Gymfest?

Gymfest in the West is a celebration of gymnastics and movement through group displays. Everybody involved in gymnastics, acrobatics, dance, cheerleading, aerobics, trampolining, callisthenics or a combination of the above is invited to participate. This year the Cheerleading State Championships will be held in conjunction with this event.

What does Gymfest involve?

Gymfest is a spectacular and entertaining display event showcasing a variety of gymnastics styles. Designed for groups of 10 or more (however, due to the nature of this

years event- smaller groups can approach GWA for entry into the event). Gymfest caters for any gymsport performing routines choreographed to music, regardless of age and ability.

Who can be involved?

ANYONE!!!!!!!

The purpose of Gymfest is to unite as many gymnasts from as many different backgrounds, regardless of age, sex or ability. You

do not have to have a professional team, beginners are more than welcome. Just have **FUN!!!!!!!!!!!!!!!**

When is it on?

**Date: Sunday 28th
November 2004**

**Place: Fremantle
Esplanade- as part of
the Fremantle Festival
Time: to be arranged
according to entries.**

Closing Date

Entries must be submitted to the GWA office by 8th November 2004. Please find the entry form on the following page.



Gymfest in the West

28th November 2004

This event is the festival of gymnastics with clubs, school groups and participants coming together to celebrate gymnastics.

Each group performs a display which should reflect the diversity of General Gymnastics and comprise of any or a number of the following forms:
Gymnastics without Apparatus (ie dance and tumbling).
Gymnastics with large Apparatus (ie wheel)
Gymnastics with Hand Apparatus

**This is a non competitive event-
Everybody is a winner!**



Participation Guidelines

Participants of affiliated clubs must be registered with Gymnastics WA. Teams should consist of 10 or more (smaller groups are welcome) participants who must be working at all times in the display.

Time: Between 5-15mins in duration. This includes entrances and exits and the placement and removal of all equipment.

Displays should reflect the diversity of General Gymnastics.



Music, dress and content of each display are totally at the discretion of the club and should be harmonious and form a coherent entity. Safety is a major concern and all members within the team must perform to their ability level and skills are to be performed safely.

Equipment: 12m x 12m floor mat, 1 x mini tramp, 2 x crash mats, 1x foam box horse. For further apparatus please contact the office.



Cost

Entry fee: \$5.00 (members)
\$15.00 (non members)
Audience Fee: Free

Entry Form

Name of Club

Name of Contact

Address of Contact

Phone No.

Number of participants

Signature of coach/club official

10:30-11:30/ 11:30-12:30/ 12:30-1:30/ 1:30- 2:30

Preferred performance time: please circle

_____ participants @ \$ _____ per participant = _____
(Chq payable to GWA)

Gymnastics WA
22 Emmerson St Nth Perth

Phone: 08 9228 9399
Fax: 089228 9499
Email: mag@gymnasticswa.asn.au

Contact Person: Marie Arendt

SPORT AEROBICS

Gold Medal To Kieran Gorman In Youth World Championships

Last August Kieran Gorman continued to show the world his Sport Aerobics supremacy by claiming the Gold Medal in the ANAC's World Youth Sport Aerobics Championships. Kieran was placed 1st after the preliminary round of competition and was never in doubt as he performed flawlessly to clinch the Gold Medal. This was a back to back win for Kieran after placing 1st in the FIG's inaugural Age Group Championships in Sofia (BUL) in June.

Kieran was part of the AUS delegation that traveled to the annual ANAC Championships, that took place in Los Angeles.

Congatulations Kieran

Congratulations also goes to Chloe Sargent who competed in the Youth Varsity Female Division finishing in 6th place in the Final and Alexandra Kane who finished up 9th in the Youth Junior Varsity Female Division.

National Championships

As we go to print the Sport Aerobics State Team is only days away from their departure for the National Championships.

This year we have a team 45 Athletes, Coaches, Judges, and Managers.

NAME	CLUB
Level 1 Junior Individual Female	
Teagan Martin	Spirit Gymsports
Asha Martin	Spirit Gymsports
Emma Thompson	Spirit Gymsports
Level 1 Intermediate Individual Female	
Caitlin Barnes	Star-Mites Gymsports
Laura Parkinson	Star-Mites Gymsports
Level 2 Intermediate Individual Female	
Rebecca Burnett	Spirit Gymsports
Rebecca Carter	Star-Mites Gymsports
Zoe Tisdale	Star-Mites Gymsports
Catrina Cowden	Spirit Gymsports
Level 2 Senior Individual Female	
Rebecca Smith	Spirit Gymsports
Renee Northall	Aqua Jetty Gymsports

Level 3 Senior Individual Female	
Tamzen McAlpine	Spirit Gymsports
Michelle Oldham	Aqua Jetty Gymsports
Emily Scott	Aqua Jetty Gymsports
Melissa Roberts	Aqua Jetty Gymsports
Level 3 Adult Individual Female	
Trenna Rowe	Spirit Gymsports
Jessica Gammon	Spirit Gymsports
Vanessa Pink	Spirit Gymsport
Level 1 Junior Trio	
Asha Martin	Spirit Gymsports
Teagan Martin	
Emma Thompson	
Youth - Intermediate Trio	
Alicia Saleno	Star-Mites Gymsports
Samantha Elkington	
Rebecca Boehm	
Youth - Senior Trio	
Samantha Rowney	Spirit Gymsports
Emma Davies	
Joeleen Green	
Senior - Novice Individual Female	
Elizabeth Kane	Spirit Gymsports
Senior - Elite Individual Female	
Leah Henville	Spirit Gymsports
Melissa Read	Spirit Gymsports
Sarah Salerno	Star-Mites Gymsports
Youth - Junior Individual Female	
Chelsea Carroll	Spirit Gymsports
Youth - Intermediate Individual Female	
Alexandra Kane	Spirit Gymsports
Talea Graves	Spirit Gymsports
Rebecca Salerno	Star-Mites Gymsports
Nikki Tisdale	Star-Mites Gymsports
Chloe Sargent	Spirit Gymsports
Eloise Kane	Spirit Gymsports
Youth - Senior Individual Male	
Kieran Gorman	Spirit Gymsports
Senior - Novice Trio	
Elizabeth Kane	Spirit Gymsports
Janelle Marsh	
Victoria McCann	
Senior - Elite Trio	
Melissa Read	Spirit Gymsports
Leah Henville	
Melissa Davies	

We wish all of them our best wishes and look forward to hearing great things on their return.

TRAMPOLINE SPORTS



Gymnastics Australia
Trampoline Sports

Tumbling Invitational

Short Track Tumbling Competition:

Date: Sun November 21st

Host: Spirit Gym Sports

Venue: Challenge Stadium

All registered gymnasts from any discipline are welcome to participate. Stay posted for information on entry requirements and routine specifications.

Please contact Debbs Van Hagen for more information.

Upcoming Trampoline Competitions

Age Championships:

Sunday 5th September 2004
Challenge Stadium

Levels 1-4 Club Competition

Sunday 12th September
Rockingham PCYC
(for competitors not participating in the Challenge Stadium Age Championships only)

Club Levels Invitational

October 30th-31st
Bunbury PCYC
Levels 1-7 events

WA State Age Championships

November 27th-28th
Venue TBA

The United Trampoline Alliance 2004 (L-R Tas, WA, SA)



Senior Citizens Synchro

For those of you who missed it, there was a "Senior Citizens Synchro" at the Rockingham competition which was open to all non-competitors (coaches, judges, parents etc), and the whole thing proved to be very entertaining. A few went the whole hog with pigtails, hot pants, leg-warmers and glitter...!

A new Comer!

WA welcomes Eric Lyon from the UK. He will be based at Rockingham PCYC with Maureen Turk. Eric is a UK Grade 1 bouncer, a high performance coach, and a national level judge. He will be going for his international judges qualification next year.

Fundraising Stickers

Fundraising stickers are still available. Get one for your car and help raise the profile of the sport in WA at the same time as raising much needed funds to send our team over east to Nationals next year.

Gymnastics WA, Trampoline Sports Interclub Trampoline Competition

Rockingham PCYC, 12 September 2004

It was good to see Scarborough PCYC made their comeback to competition with 6 competitors in the Rockingham comp. Results from the Competition are as follows:

TRAMPOLINE:

Girls -

Level 1: 1. R Bakewell (Scarb); 2. R Chamberlain (Arma); 3. T King (Arma).

Level 2: 1. E Williamson (Arma); 2. T Catalano (TCTC); 3. D Johnston (TCTC).

Level 3: 1. J Tion (Rock); 2. K Baldry (TCTC); 2. L Williamson (Arma).

Level 4: 1. K Brunt (Arma); 2. C Bendy (Arma).

Boys -

Level 1: 1. G Holton (Scarb); 2. W Wignall (Rock); 3. C Owen (Scarb).

Level 2: 1. C Ehlers (TCTC); 2. J Wangpen (Arma); 3. M Johnston (TCTC).

Level 3: 1. B Teece (Rock); 2. J Friend (Arma); 3. T Simpson (Subi).

SYNCHRONISED TRAMPOLINE (Mixed):

Level 1: 1. R Chamberlain - T King (Arma); 2. W Wignall - T Sullivan (Rock); 3. S Ledbury - L Winder (TCTC/Arma).

Level 2: 1. M DaCosta - T Hitchcock (Rock); 2. C Kelly - T Fisher (Rock); 3. M Johnston - C Ehlers (TCTC).

Level 3: 1. K Baldry - T Catalano (TCTC); 2. B Teece - C DePrazer (Rock/Arma); 3. A Carroll - L Williamson (Arma).

Level 4: 1. C Bendy - K Brunt (Arma).RESULTS

Gymnastics WA - Trampoline Sports.

State Age Championships.

Challenge Stadium, 5 September 2004.

TRAMPOLINE:

Girls -

8 & U: 1. A Thomson (Armadale PCYC).

9/10: 1. S Wignall (Rockingham PCYC); =2. L Williams (Thornlie TC); =2. E Keirath (Subiaco PCYC).

11/12: 1. C Mehew (Rockingham PCYC); 2. A Kontor (Thornlie TC); 3. A Eales (Armadale PCYC).

13/14: 1. F Blake (Bunbury PCYC); 2. K Comery (Armadale PCYC); 3. A Van Leeuwen (Subiaco PCYC).
15/16: 1. R Healy (Subiaco PCYC); 2. M Merenda (Rockingham PCYC); 3. B Mercer (Thornlie TC).
17+: 1 S Hodson (Subiaco PCYC); 2. D Smith (Bunbury PCYC); 3. S Dilley (Armadale PCYC).
Boys -
9/10: 1. C Best (Subiaco PCYC).
11/12: 1. P Simpson (Subiaco PCYC); 2. M Best (Subiaco PCYC); 3. A Zagari (Armadale PCYC).
13/14: 1. P Merenda (Rockingham PCYC); 2. N Booth (Bunbury PCYC); 3. A Locke (Armadale PCYC).
15/16: 1. M Lean (Subiaco PCYC); 2. T Henworth (Rockingham PCYC).
17+: 1. E Lyons (Rockingham PCYC); 2. J Hill (Subiaco PCYC).

DOUBLE-MINI TRAMPOLINE (DMT):

Girls -

8 & U 1. A Thomson (Armadale PCYC).
9/10 1. K Ledbury (Thornlie TC); 2. S Wignall (Rockingham PCYC); 3 E Keirath (Subiaco PCYC).
11/12 1. M Davies (Midland PCYC); =2. K Canavate-Blankendaal (Rockingham PCYC); =2. A Kelley (Thornlie TC).
13/14 1. F Blake (Bunbury PCYC); 2. K Comery (Armadale PCYC); 3. M Howlett (Bunbury PCYC).
15/16 1. B Mercer (Thornlie TC); 2. R Healy (Subiaco PCYC); 3. M Merenda (Rockingham PCYC).
17 + 1. S Hodson (Bunbury PCYC); 2. M Firman (Armadale PCYC); 3. D Smith (Bunbury PCYC).

Boys -

9/10 1. C Best (Subiaco PCYC).
11/12 1. A Zagari (Armadale PCYC); 2. P Simpson (Subiaco PCYC); 3. M Best (Subiaco PCYC).
13/14 1. P Merenda (Rockingham PCYC); 2. N Booth (Bunbury PCYC); 3. A Locke (Armadale PCYC).
15/16 1. M Lean (Subiaco PCYC); 2. T Henworth (Rockingham PCYC).
17 + 1. J Hill (Subiaco PCYC); 2. E Lyons (Rockingham PCYC).

SYNCHRONISED TRAMPOLINE:

Mixed -

9/10: 1. K Ledbury / L Williams (Thornlie PCYC); 2. B Windeatt / E Keirath (Subiaco PCYC); 3. E O'Connor / C Best (Subiaco PCYC).
11/12: 1. H Woodward / H Windeatt (Subiaco PCYC); 2. K Canavate-Blankendaal / S Wignall (Rockingham PCYC); 3. R Ledbury / S Jones (Thornlie PCYC / Midland PCYC).
13/14: 1. F Blake / J Quinn (Bunbury PCYC); 2. A Zagari / A Locke (Armadale PCYC); 3. P Merenda / C Mehew (Rockingham PCYC).
15/16: 1. M Lean / M Shepherd (Subiaco PCYC); 2. M Merenda / B Mercer (Rockingham / Thornlie).
17+: 1. S Hodson / R Healy (Subiaco PCYC); 2. S Dilley / M Firman (Armadale PCYC).

SPORTS ACROBATICS



Gymnastics Australia
Sports Acrobatics

State Team 2004

Congratulations to the following Sports Acrobats who will be travelling and competing in the 2004 Australian Sports Acrobatics Championships which is part of the Gymsports Spectacular.

Mixed Pair Level 7

Krzysztof Pudelek
Catherine Trigwell

Women's Trio Level 7

Tam Le
Natalie Done
Marie Arendt

Mixed Pair Level 4

Fabrice Lincoln
Cassie Clarke

State Coach

Ken Caraher

Team Manager

Rosa Caraher

New Recruits Needed

Any retired gymnast who is interested in being a part of this new and exciting gym sport is encouraged to contact the GWA office. There are currently several Acrobats in clubs who are without partners.

Are there any Clubs interested?

Now that States is over and the hectic part of the calendar is complete... have you considered starting Sports Acro at your club? Any clubs who are interested are asked to contact the GWA office.

Draft Code of Points 2005- 2008

Please note that the draft code of points (not table of difficulty) is now available for viewing. Anyone who wishes to view the new code can contact Marie in the GWA office.

Thank you to the Judges and coach Debs Van Hagen for also attending the State Team training and providing their valuable input and expertise. The acrobats sincerely appreciate the input and hope that next year some of you will be able to journey over to Sydney with the athletes!



Gymnastics
Western Australia

ADVERTISEMENTS



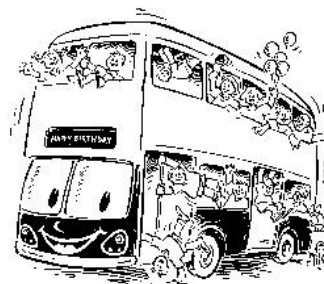
SCHOOL GYMNASTIC COACHES REQUIRED

Ed-Gym Mobile Schools Program is seeking qualified Gymnastic Coaches to implement the Ed-Gym Program into metropolitan & country schools.

Ed-Gym involves coaching Primary School students Pre-Primary to Year 7. Our established program guarantees a successful program when coupled with energetic and enthusiastic gymnastic coaches.

Requirements:

- Level 1 Coaching Accreditation
- "C" class license – previously "A"
- Police Clearance
- Available on weekdays 8.00am – 3.30pm
- Well presented & reliable
- Earn from \$13.00 - \$17.00 per hour



Training will be provided to successful applicants.

PLEASE CALL PAUL HARNETT ON 9244 3000

Business for Sale

TAKE A SEA CHANGE AND MOVE TO BUSSELTON

BUSSELTON GYMNASTICS is for sale

Long standing gymnastic club for over 30 years. Club with huge potential to branch out into surrounding Margaret River and Dunsborough areas. Busselton is the largest growing area in Australia.

All equipment for women's gymnastics is in the package.

Busselton Gymnastics is the top competitive club in the South West and at present has gymnasts from Kindergym to Level 6.

Ideally suit someone starting out, to step into something already successful and with set up programs in place with the possibility to expand or keep the same.

All enquires to contact Jenny Couch 9755 4205 for any further details