

FROM THE EXECUTIVE DIRECTOR



Gymnastics
Western Australia

Year start – education, education

The start to the year seems to have been a hectic rush of conferences, education sessions, and coaching courses. Isn't it great to keep learning!

NW Conference

Congratulations to the NW for an excellent round of education activity on the March long weekend at the NW Conference. Over fifty people were able to benefit from the weekend sessions in Hedland.



Special mention should go to NW Committee pictured above and to all the people who braved the very difficult conditions to get to the conference, stay there and keep on learning – great job.

GSCS Conference

There has also been plenty of education and coaching course activity in the south of WA, with the Great Southern Central South Conference held over 13, 14 Mar.

State Team Selections

With the competition season either about to begin or already started and State Team trials just around the corner.

Best wishes to all athletes, coaches, and judges as they gear up for another exciting year.

Club 10 Checklist

Now is the time to start work on your Club 10 checklist - don't put off to tomorrow, what you can be done today.

Affiliations and Registrations

Just a reminder to Clubs who have yet to get their affiliation forms back to GWA

– don't delay. Insurance is the big issue here.

Also, don't forget to get your gym registrations in early this year. One of the best ways of handling this area is to set aside some time at the end of each month to get the regos sorted, entered, and sent off to GWA.

More Learning Opportunities

DSR Club Conference

Don't forget the Department of Sport and Recreation Clubs Conference - 27, 28 March www.dsr.wa.gov.au.

I already know of five Clubs who are going, it promises to be a well worthwhile event.

Remember - it doesn't always have to be the same person attending these things. It makes sense to share the load – this may mean a committee member, an interested parent, or a junior coach keen to learn more attending the Conference (and it's only \$44).

Reconvened AGM

The reconvened AGM will be held Sunday 4th April at 8.30am at a Len Fletcher Sports Pavilion.

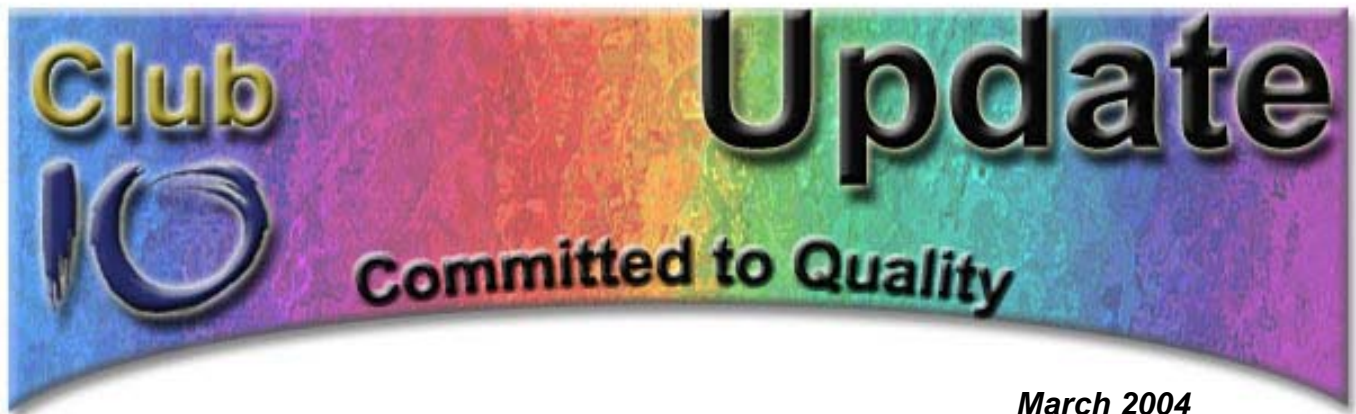
Skadada

As you would be aware, we have established links with arts group skadada. They are interested in the potential for gymnasts to transcend into the performing arts. As such, they are holding auditions for ex and current high-level gymnasts at Len Fletcher Sports Pavilion on Sat 27th March 2.00pm – 5.00pm.

Ring Jon Burt: 0403 432 239 to register your interest.

Club CD

If you have not already received it, the Club CD will be at your doorstep within days. It contains all forms (entry, education, etc), affiliation information, Technical Regulations, and routines requirements.



March 2004

Club Affiliation Pack – Part 3

The final instalment of the Club 10 Affiliation Welcome Kit will be sent to clubs once payment for all Affiliation fees, including club fee, APRA and Public Liability, have been received and all National Affiliation Conditions, including an accredited and registered coach, have been met. This final package will include;

- Annual Affiliation Certificate
- Technical Regulations
- GWA Affiliation CD, including the following information;
 - Affiliation Information
 - Club 10 Checklist
 - Gymnast Registrations
 - Events
 - Education
 - Technical Regulations
 - Manuals

Network Forums

The first Network Forum was held in the NW during the Congress. This meeting was very successful with clubs sharing ideas and resources. Three more forums are planned for this month, one in the GSCS and two in the metro area.

Club 10 Checklist

Now is the time to start going through the Club 10 Checklist if you are planning on applying this year. Applications will close **2nd August**.

To move from Star 1 to Star 2 Accreditation clubs only need to successfully complete (achieve 20% or higher) and send in the Introductory Checklist to their State Club 10 Officer.

The Introductory Checklist is included on the GWA Affiliation CD. It is also available by contacting the GWA office.

Clubs seeking Accreditation in Star 3 - 5 categories should be working through the main Club 10 Quality Improvement Checklist. The QI Checklist can be sent to clubs via email, CD or printed copy.

Annual Leave

I will be on annual leave from 23rd March – 28th April. (Keith and I are getting married and will then be on our honeymoon in the Maldives.)

While I am away Roy or Gratton will be able to assist you with obtaining Checklists and answering any questions you may have in regards to Affiliation or Club 10.

Gymnastics Australia



WA Club 10 Officer
Sam Marsh 0427 251 074
club10@gymnasticswa.asn.au

COACHES EDUCATION



Gymnastics
Western Australia

Coaching Courses

The next set of coaching courses will be held on the 1-2 May 2004. Application forms are available from the GWA office.

Great Southern, Central South Regional Conference 2004

This event was held on 13th and 14th March 2004. It was a great event with around 20 people in attendance. The conference was very constructive with several people undertaking a general gym coaching course and other undertaking updating workshops. All representatives from the region worked together to develop a common theme for the year: Fun through gymnastics. A new competition structure similar to the GWA Gym Challenge was created by members of the region in order to provide a fun, but still challenging program.

It was great to see some people stay and enjoy dinner together on Saturday night- the social side was very enjoyable. (Jane and I had a great time at the Pub after too!!!!)



A huge thank you to Lynn Martin and Jane Collins for presenting the course and workshops.

Another huge thank you to the Dumbleyung community for their great hospitality yet again.



The food was AWESOME and the flexibility of meeting all requirements made the event run with ease. Jo Pearce thanks again for coordinating things from Dumbleyung and the use of your caravan!

I look forward to seeing the clubs back in action and trainee coaches developing their new skills in Term 2 and hope that the General Gym Course and new Gym Challenge created will help add something extra to your programs this year.

A credit to everyone who helped and attended the weekend- A fantastic and enthusiastic effort by all!

NW Conference

Thanks to cyclone Monty the 2004 NW Conference will not be remembered for the great learning that took place but for the tremendous rain that washed away part of the Yule Bridge.



Special congratulations must go to the NW Committee for their fantastic organisation of the conference under difficult circumstances. Over 50 participants attended the conference – a great effort from the NW Clubs and community.

Thanks must also go to the dedicated presenters from the NW and those talented presenters from Perth who trekked up to Hedland for the weekend.

Some of the crew from Karratha got though on the roads before they were swept away, but some had a couple of false starts on the trek home before returning to the conference, as the water on the road was just too much.

You can see for yourself from these pictures sent down by Andrew ...yes, they did finally get home.

The question is can we get though?



Sue Stephenson says she's not risking her car!



olden V oyota – Gym joke!



I think it was summed up pretty well by Sue who wrote this little beauty...

With all the news on TV lately about the tropical cyclone hitting the North West, we shouldn't forget that South Australia has its share of devastating weather too, attached is a photo illustrating the damage caused to a home from a South Australian storm that passed through Adelaide recently.





Gymnastics
Western Australia

JUDGING INFORMATION

Technical Membership

To judge at Gymnastics WA events you must be a technical member. Please send your forms in now! Technical Membership forms are available from GWA if you have lost yours.

Upcoming Judging Courses

MAG Level 1 & 2 Course

Date: 27th & 28th March
Times: Sat 12 - 4.30pm
Sun 9 - 4.30pm
Venue: Len Fletcher, 22 Emmerson St, North Perth
Bring: Pen, Paper and Lunch
Cost: New Judges \$55
Current Judges \$40

WAG Level 1 & 2 Course

Date: 1st & 2nd May (please note the change of date)
Times: TBA
Venue: Dryandra Primary School, Mirrabooka
Bring: NDP Manual, Pen, Paper and Lunch
Cost: Level 1 \$55 (inc State Reg)
Level 2 \$40 (not inc GA Reg)

TRP Level 1 Course

Date: 3rd April
Times: 9am – 4pm
Venue: Thornlie Trampoline Club, Glenbrook Drive, Thornlie
Bring: Pen, Paper and Lunch
Cost: \$55 (inc State Reg)

Enrolment

All candidates must complete an enrolment form and return to GWA with payment at least one week prior to the course. This process has changed as Gymnastics Australia now requires all Judging Courses to be sanctioned and entered onto the GA database in the same manner as Coaching Courses are currently. Enrolment forms are available on the GWA website at <http://www.gymnasticswa.asn.au/forms.htm>

Calling all WAG Judges

The Judges Invitational Competition will be held this year on 12th/13th June.

The Judging Committee would be pleased to hear from any judges who are able to help at the competition in areas other than judging.

Positions vacant at this time are:

- Canteen Co-ordinator and assistants
- Venue Co-ordinator and assistants
- Scorers and assistants
- Raffle Co-ordinator and assistants
- Floor Managers, Judges and Judges assistants

If you can help out in ANY way please contact the WAG Judging Co-ordinator, Pam Pryce on 0402 079500 or email pam@collegetparkgymnastics.com.au

Sam Marsh
Judging Administrator
club10@gymnasticswa.asn.au



MEN'S ARTISTIC

MAG Op- Spec Manual

The New routines for 2004 and beyond are now available. All clubs should have been emailed a copy. It is also available online
<http://www.gymnasticswa.asn.au/MAGtechnical.htm>

Please let me know if you require a copy to be mailed to you.

Technical regulations

Tech Regulations are now available. Each technical member should receive the regulations with this month's bulletin. The regulations are also available on line
<http://www.gymnasticswa.asn.au/MAGtechnical.htm>

Events

L7-10 Trial 1	20 th March 3-8pm Challenge Stadium
L7-10 Trial 2	2 nd April 5:30-10pm Challenge Stadium
L7-10 Trial 3	3 rd April 3-8pm (to be confirmed) Challenge Stadium

Judges Course

Just a reminder- MAG L1/L2 Judging course will be held on 27th/28th March 2004- Please see judging section.

MAG National Clubs 2004

Provisional program:

24 th -25 th Sept	Training
26 th -27 th Sept	Competition

Venue: Northern Beaches Sporting Complex, Narrabeen, NSW
Rules and regulations can be located in the 2004 MAG Competition Handbook. The handbook can be downloaded from the GA website:
<http://www.gymnastics.org.au/gymsparts/mag/technicalinfo.htm#events>

Talent Identification

An Assessment day is being held by the RG HPC, MAG HPC and the WAIS WAG Program to select would be candidates for their respective programs. Letters and Flyers were sent to over 120 Metropolitan schools advertising the assessment session which will conducted at 2.30pm on 27 March at Challenge Stadium. Children not selected for the HPC Programs will be encouraged to attend their local gymnastics Club.

MAG Physical Challenge 1

The first Mag Physical challenge was held on March 7th 2004. The event was a great success with approximately 30 participants. Thankyou to Northern Districts for providing the venue.

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WOMENS ARTISTIC



Coaching Coordinator

Congratulations to Dhana Antulov for her selection as Coaching Coordinator for 2004. Dhana will be organising some fantastic things for us this year the first being:

NDP Workshop

This will be held on Saturday 24th April from 1.00 - 4.00 pm at Challenge Stadium. Dhana will go over all the skills in the 'A' division routines with the emphasis on technique and Pam Pryce will support her with the judging side of things. If there is time, other skills in the 'B' & 'C' divisions will be covered. WAIS gymnasts will be demonstrators.

The workshop will be open to coaches and judges and if necessary we will hold another one later based on routines.

Application for State coaches to go to Nationals

State Team selection packs will be handed out at trial 1. If you are interested in applying for an official position with the State team, please complete the Expression of interest form and return to GWA ASAP.

Technical Regulations 2004

There are a few minor changes in this years regulations. Please ensure you read them carefully. For the first time we have included a special section just on WAG State Championships.

National Clubs

In this months bulletin there is a draft schedule of the WAG level 4-10 National Clubs. The direct link to this information via the GA website is: <http://www.gym.gymnastics.org.au/04wagclubs.htm>

Change of

Date - Level 1

& 2 Judges Course

The above judge's course date has been changed to 1st and 2nd May 2004. The venue will be Dryandra Primary school. Times to be advised.

Coaching Position

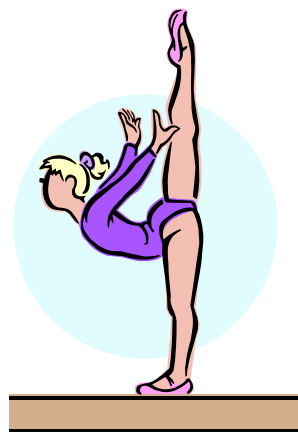
St Marys Anglican Girls School is looking for coach for their Division 1 Schoolgirls. Please call the school direct on 93419111 and ask for Sally Brown.

WAG HPC Program Assessment Day

In conjunction with MAG and RG HPC programs, there has been an assessment day organised. This will be to select would be candidates for their respective programs. Letters and Flyers were sent to over 120 Metropolitan schools advertising the assessment session.

This is to be conducted on :
27th March at Challenge Stadium at 2.30pm.

Children not selected for the HPC Programs will be encouraged to attend their local gymnastics Club.



ATTENTION WAG GYMNASTS

YOU'RE INVITED TO THE JUDGES INVITATIONAL 2004



Theme - Olympics

All clubs have been given a country to represent. Gymnasts to dress in costume or in countries national colours.

WA Judges Invitational Olympics 12th/13th June 2004

- Where: Len Fletcher Sports Pavillion, North Perth
- Who: NDP Levels 1-3 All Divisions
National Level 4-6
State Level 4-10
- Closing Date: 17th May 2004 (Send entries to GWA)
- Cost: \$28
- Awards: Overall - No age groups
Apparatus - Aged grouped



No Late entries will be accepted after 17th May 2004

RHYTHMIC GYMNASTICS



Selection committee members

At the recent SMC the following people were voted on, as members, to the Selection committees for 2004:

Levels	Elite
Leah Gaye	Karen Gilgallon
Simone Matthews	Leah Gaye

Trial 1 & 2

Both trials have gone very well. All the girls are looking good, and we hoping to send a team of Level 7,8 and 9s.as well as the HPC gymnasts. Trials 3 times have been sent to all the clubs. Please ensure all your volunteers are available.

RG Challenge (Trial 4)

	DATE	TIME	LEVEL	VENUE
Trial 4 Day 1	Saturday	7.00am-1.00pm	Level 9/Elite	HPC
	Saturday	1.30pm-7.30pm	Level 7-8	HPC
Trial 4 Day 2	Sunday	8.00am-2.00pm	Level 9/Elite	HPC
	Sunday	2.30pm-8.30pm	Level 7-8	HPC

Pacific Alliance Trial results

The girls from WA represented our State extremely well!

All three girls have been selected to represent Australia at the Pacific Alliance Championships, in Hawaii in April 2004.

Senior – Courtney Holloway
(reserve)

Junior -Tanya Vulin

Elizabeth Cumming

Full results are available on:

<http://www.gym.gymnastics.org.au/nationalresults.htm>

RG HPC Program Assessment Day

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Letters and Flyers were sent to over 120 Metropolitan schools advertising

the assessment session.

This is to be conducted on :

27th March at Challenge Stadium at 2.30pm.

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SPORT AEROBICS



IAF Suzuki World Cup Team Announced

Following the successful National Training Camp conducted throughout Australia late last month, the following athletes have been provisionally selected to represent Australia at the 2004 IAF Suzuki World Cup to be held in Tokyo (JPN) from April 17th - 18th:-

Judge/IAF Executive Board Member - Karon Williams (WA)
Coach/Administrator - Trudi Nurse (WA)
Medical/Athlete Support - Jacque Harper (WA)

Senior Individual Female - Melissa Read (WA)

Senior Individual Male - Chris Behan (NSW)

Senior Trio - Melissa Read, Melissa Davies and Leah Henville (WA)

Youth Senior Individual Female - Chloe Sargent (WA)

Youth Senior Individual Male - Kieran Gorman (WA)

Youth Junior Individual Female - Talea Graves (WA)

We wish all team members well in their preparation for this year's event.

2004 AEROSkools KIT

The 2004 AEROSkools Kit will be available for purchase the week commencing Monday 16th February 2004. The cost of the kit is \$60 and it can be ordered by completing the enclosed AEROSkools Order Form and faxing it through to the AEROSkools National Co-ordinator on 9245 6777.

Four new Levels routines are being introduced in 2004. They are:

Level 1 Hot Stuff
 Donna Summer
Level 1 Get The Party Started
 Pink

Level 2 Rubberneckin'
 Elvis

Level 3 Absolutely Not
 Deborah Cox.

The routines were choreographed by Kerryn Cormick (VIC), Carolyn Diakoumis-Volos (NSW) and Anthony Ikin (QLD). Each routine is different in the style and complexity of the choreography. Our very own Kieran Gorman can be seen on the video performing the Level 1 routine Get The Party Started. For further information on the AEROSkools Program please visit the AEROSkools website at <http://www.aeroskools.com.au>

Sport Aerobics Judging Course

A Sport Aerobics judging course will be held on Saturday 6th March 2004 at the Len Fletcher Pavilion from 9.00am – 5.00pm. The course will cover all 3 areas of judging – Artistic, technical and Difficulty. Karon Williams, National Technical Director will present the course to course candidates.

The multiple choice and short answer examination including video judging will be held on Wednesday 17th March 2004 from 7.00 – 10.00pm. This will allow course candidates sufficient time to study in preparation for the examinations. If you are interested in attending the judging course please contact Roy Robinson at Gymnastics WA on 9228 9399.

Series 1 Sport Aerobics Event

The first GWA Sport Aerobics event for 2004 will be held on Saturday 27th March 2004 at the Star Mites Gymnastics Club in Bayswater. Event details and entry forms will be posted to all clubs in the near future.

Spirit Gymsports

Employment opportunity

Spirit Gymsports is seeking to employ a **Men's Coach** for their developing Men's program.

3 days per week, with possibility to expand.

- Opportunity for coach development (education) and program expansion.

Contact Debs Van Hagen
Spirit Gymsports
9287 2813

GYMNASTIC EQUIPMENT SALE!

We are offering high quality Gymnastic Equipment from Chunhe Athletics Goods factory in Tianjin China.
~ Chunhe has **won the FIG Attestations** twice (1986 & 1999) for their complete set of Gymnastic Apparatus.
~ Chunhe is in a venture with German company **SPIETH** for the production of gymnastic equipments.

As Chunhe's agents, we have distributed our products to numerous Victorian Gymnastic Clubs for 2 years now to the complete satisfaction of Coaches and Gymnasts (eg: Knox City, Ulinga, Maffra, Waverley, Cheltenham, Bullen, Geelong, Pits Clubs and Tasmania Wildcats etc...)

- 1) **New Springboard** \$768* - "similar in quality (impact & rebound) to the **US AAI standard**"
- 2) **Gym Chalk Charm88** \$392* - "1 Carton 36 boxes (ie: 288 blocks).

IF YOU ORDER BEFORE 20 APRIL 2004 (Limited Stock)

You will get the Springboard for only **\$688** (plus 1 extra spring free) and Chalk for only **\$320!!!**

✂-----

ORDER FORM

<i>Description (*GST Free, final price)</i>	<i>Unit</i>	<i>Quantity</i>	<i>Unit Price</i>	<i>Total</i>

Club:	Contact Person:
Address:	Tel:
State: Postcode:	Email:

Australia China Sports Cultural Exchange Consultants (Contact Davis or Zhongde)

Tel: 03 9807 7775 Fax: 03 9807 7725

Mobile: 0403 382 896

Email: davis@jeack.com.au

Coaches for school teams wanted

Perth College and St Mary's Anglican Girls School are looking for experienced coaches to coach their Division 1 Teams (L6-10 equivalent). Anyone interested can contact the schools directly

or

GWA office 9228 9399.

SCHOOL GYMNASTICS COACHES REQUIRED

Ed-Gym Mobile Schools Program is seeking qualified Gymnastics Coaches to implement the Ed Gym program into metropolitan and country schools.

Ed-Gym involves coaching primary School students Pre Primary to Year 7. Our established program guarantees a successful program when coupled with energetic and enthusiastic gymnastics coaches.

Requirements:

- Level 1 Coaching Accreditation
- 'C' class licence- previously 'A'
- Police Clearance
- Available on weekdays 8.00am- 3:30pm
- Well Presented & Reliable
- Earn from \$13-\$17 per hour

Training will be provided to successful applicants

PLEASE CALL PAUL HARNETT ON 9244 3000