

10

Module

- 10.1 Coaching Education
- 10.2 Judging Education
- 10.3 Updating

Table of Contents

10.1 Coaching Education	2
10.1.1 Registration and Accreditation of Coaches	
a) Accreditation	
b) Maintaining Accreditation	
10.1.2 Competency Based Training	
10.1.3 Level 1 Coaching Course	
a) Structure of the Level 1 Course	
b) Gaining Level 1 Accreditation	
c) GWA Level 1 'How To Guide'	
10.1.4 Level 1 Bridging Courses	
10.1.5 Level 2 Coaching Course	
a) Structure of the Level 2 Course	
10.1.6 Level 3 Accreditation	
10.2 Judging Education	5
10.2.1 Introduction to Judging Course	
10.2.2 The Level 1 Judging Course	
10.2.3 Level 2+ Judging Course	
10.2.4 Minimum Age Requirements	
10.2.5 Accreditation	
a) Accreditation	
b) Maintaining Accreditation	
10.3 Updating	7
10.3.1 Updating Events	
10.3.2 Club Updating Workshops	
10.3.3 GWA Technical Member Updating Procedure	

10.1 Coaching Education

10.1.1 Registration and Accreditation of Coaches

a) Accreditation

In order to gain an accreditation a coach must -

- Attend an accredited coaching course (see GWA website for course requirements at <http://gymnasticswa.asn.au/default.asp?Page=3835&MenuID=Education/20118/0>)
- Complete the requirements of the coaching course (See 'Gaining a Gymsports L1 Coaching Accreditation' flyer at <http://gymnasticswa.asn.au/?Page=3876>)
- Pay the Gymnastics Australia registration fee to become a technical member and accredited coach.

b) Maintaining Accreditation

To maintain accreditation coaches are required -

- To register annually with Gymnastics Australia
- Complete updating requirements for your level of accreditation (Refer to the Gymnastics Australia Updating Policy at <http://gymnasticswa.asn.au/default.asp?Page=3835&MenuID=Education/20118/0>)
- For more information refer to the Technical Membership Handbook on the Gymnastics Australia web site www.gymnastics.org.au

10.1.2 Competency Based Training

All coaching courses have been formulated in accordance with Competency Based Training (CBT) guidelines. This approach to the provision of education and training focuses on what is expected of a coach in the workplace (ie the gym). CBT aims to provide all coaches with access to a needs-based and flexible training program that helps the coach to gain the required competency standards.

10.1.3 Level 1 Coaching Course

a) Structure for the Level 1 Course

The Level One Course has been structured to accommodate the needs of all the disciplines in gymnastics.

- Part One of the courses is called General Principles – the principles of Gymnastic Coaching and includes an introduction to the sport of gymnastics and basic coaching.
- A free Australian Sports Commission online Certificate is required as part of the Level One General Principles Coaching Course for 2009 and beyond. The Certificate can be found on the website under Coach. <http://www.ausport.gov.au/participating/coaches> on completion of this course, you are to email your certificate to education@gymnasticswa.asn.au.
- Part Two of the course is the Gymsport Specific Course. Candidates may choose to enrol in one or more Part Two modules. These will be conducted throughout the year and clubs should refer to the GWA website for more information.

b) Gaining Level 1 Accreditation:

Coaches are able to register as a Technical Member under the following Accreditation categories:

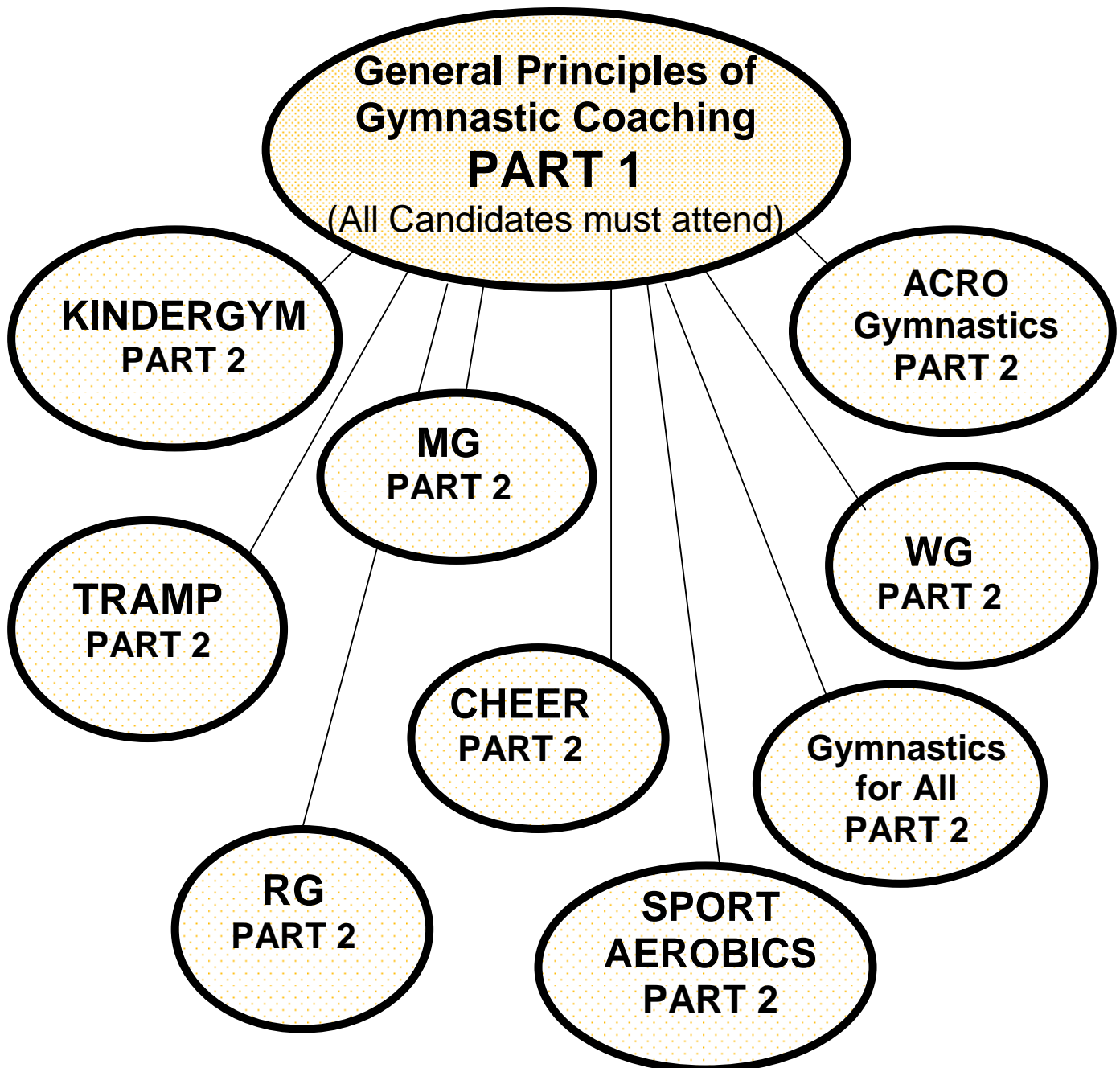
Level 1	Men's Gymnastics	Women's Gymnastics
	Rhythmic Gymnastics	Gymnastics for All
	Kindergym	Cheerleading
	Sport Aerobics	Trampoline Sports
	Acrobatics Gymnastics	

c) Gymnastics Western Australia Level 1 'How to Guide'-

LEVEL 1 COURSE

(Includes specific modules for MG, WG, RG, GFA, KG, AER, TRP, ACRO, CHL)

Candidates should, where possible, attend Day 1 **first** and then may choose which Day 2 module to attend. Candidates need only attend the Day 1 module once but may enrol in more than one of the Day 2 modules.



10.1.4 Level 1 Bridging Courses

It is highly recommended that coaches attend extension workshops throughout their coaching career. These workshops deal with specific skills like somersaults in detail and bridge the gap between the Level One and Level Two course content. They are of particular importance in those disciplines where coaches may be teaching skills beyond the scope of the Level One course.

- | | |
|---|------------------|
| - Level One Introduction to Saltos | MG/WG/ACRO/CHEER |
| - Level One Bridging Workshop – Limbers and Walkovers | MG/WG/ACRO/CHEER |
| - Level One Bridging Workshop – Basic Somersaults | TRP/TUM |

Clubs can apply to the GWA Education Officer education@gymnasticswa.asn.au to conduct bridging workshops within their Club.

10.1.5 Level 2 Coaching Course

At present only MG/WG/RG & TRP can gain an accreditation at Level Two in Australia. However all coaches are encouraged to further their knowledge by participating in the Part 1 (Australian Sports Commission Intermediate Coaching General Principles Course) and Part 2 (Level Two General Principles Coaching Course) of the Level Two Courses.

a) Structure of the Level 2 Course

The Level Two Course has 4 parts:

- Part 1 – Level 2 Intermediate Coaching Principles Course (Conducted by the Department of Sports and Recreation in conjunction with Central TAFE. This course can be done through correspondence, for further information visit the DSR Website at <http://www.dsr.wa.gov.au/index.php?id=205>).
- Part 2 – Level 2 General Principles of Gymnastics Coaching Course (Conducted by GWA)
- Part 3 – Gymsport Specific Level 2 Component Coaching Course (only available for MG/WG/RG & TRP run by Gymnastics WA refer to the Calendar for courses)
- Part 4 – Additional requirements of the Level Two Course: Managing Risks of Coaching (MRC), Senior First Aid Certificate or equivalent and various major assignments and practical assessments dependent on the discipline. For more details visit the GA website at <http://www.gymnastics.org.au/default.asp?id=3023>

10.1.6 Level 3 Accreditation

At the time of writing this section, the Level Three courses for all disciplines are under review or being rewritten. All enquires until further notice should be referred to the GA Office.

10.2 Judging Education

10.2.1 Introduction to Judging Course

This course has been designed as an introduction to judging gymnastics. This is a short informal information workshop with no assessment of any kind. On completion of the workshop you will be able to act as a Judges Assistant at any competition. There is no charge for this course as it is run by volunteers in your own club.

Contact your Club Judging Coordinator or the State Judging Coordinator via GWA Education Office for more details.

10.2.2 Level 1 Judging Course

The first full judging accreditation is the Level One Judging Course.

As part of your course fee you will receive;

- Instruction from qualified and experienced course presenters
- Current course material

Courses for each gymsport are held throughout the year. Courses can be held within the club, if requested. Minimum enrolment may apply before a course is scheduled. For more details refer to the GWA website under Education/Judging

<http://gymnasticswa.asn.au/default.asp?Page=3843&MenuID=Education/20118/0> or contact the GWA Education Officer.

10.2.3 Level 2 + Judging Course

Courses for Level Two and higher judges are held as required for each gymsport. Minimum enrolment may apply before a course is scheduled. For more details refer to the GWA Website or contact the GWA Education Officer.

10.2.4 Minimum Age Requirements

AGE	JUDGING COURSE	JUDGING	MEMBERSHIP
Must have turned 14yrs	• Introduction to Judging	• Club Events (not sanctioned) • Secretary / Judges Assistant / Line Judge at GWA events	Member in Training
	• Club Levels	• Club Events (not sanctioned) • Secretary / Judges Assistant / Line Judge at GWA events • Club Levels / Opt Spec / Gym Challenge / School Girls / Regionals	
	• National L1 Accreditation Course as an observer only	• Club Events (not sanctioned) • Secretary / Judges Assistant / Line Judge at GWA events • Club Levels / Opt Spec / Gym Challenge / School Girls / Regionals	
Must have turned 15yrs	• Introduction to Judging	• Club Events (not sanctioned) • Secretary / Judges Assistant / Line Judge at GWA events	Member in Training * Candidates
	• Club Levels	• Club Events	

	<ul style="list-style-type: none"> National L1 Accreditation Course * 	<ul style="list-style-type: none"> GWA Sanctioned Club Events Secretary / Judges Assistant / Line Judge at GWA events Club Levels / Opt Spec / Gym Challenge / School Girls / Regionals Club Events GWA Sanctioned Club Events Secretary / Judges Assistant / Line Judge at GWA events Club Levels / Opt Spec / Gym Challenge / School Girls / Regionals 	<p>attending the National L1 Accreditation Course can register as a GA Technical Member once they turn 16 years.</p>
--	--	---	--

* Where possible judges under 16 years should be placed on a panel with a more experienced judge.

10.2.5 Accreditation

a) Accreditation

In order to gain accreditation a judge must -

- Attend an accredited judging course
- Complete the requirements of the course
- Pay the Gymnastics Australia registration fee to become a technical member and accredited judge
- Judges' Accreditation is normally valid according to four year Olympic cycles. However, specific judging requirements may vary from discipline to discipline.

b) Maintaining Accreditation

To maintain accreditation Judges are required -

- To register annually with Gymnastics Australia
- Complete updating requirements per year refer to 10.3 below for more information.
- For more information refer to the Technical Membership Handbook on the Gymnastics Australia web site: www.gymnastics.org.au

10.3 Updating

In order to maintain or regain your Technical Membership you are required to show evidence that you have been involved in a constant process of education. This process is defined as Updating and can be achieved by attending either an approved accreditation course or by attending a number of approved GWA sanctioned updating activities that are relevant to your gym sport and level of accreditation. Updating points must be gained from more than one source. Refer to the Gymnastics Australia Updating Policy for information on how to gain points.

Coach/Judge UPD requirements	Level 1	6 points
	Level 2	12 points
	Level 3	18 points
	Level 4+	24 points

10.3.1 Updating Events – What activities can I do?

It is essential for you as a Gymnastics Australia Technical Member to ensure that the Updating Activities you participate in are directly relevant to the gym sport(s), level(s) and types of accreditations you hold.

With this in mind, you are asked to ensure that the activities you attend will enhance your coaching/judging competencies and assist in the development of better coaching/judging practices. A common sense approach will be applied when verifying that appropriate Updating has been completed.

For example; a technical member with both coaching and judging accreditations cannot fulfill the UPD requirement through officiating activities.

Information on Updating activities can be found on the Gymnastics Australia website at <http://www.gymnastics.org.au/default.asp?id=3096>

10.3.2 Club Updating Workshops

Clubs may offer education workshops 'in – house'. However, for participants to gain updating points, the workshop must be sanctioned by GWA. Updating points may be accrued via the following means (no more than 50% of your required updating points can be gained through club workshops please see the National Updating Policy for more information <http://www.gymnastics.org.au/default.asp?id=3096>).

- 'OPEN' Updating Workshops (The Club hosts Updating activities that are 'open' to all members of the gymnastics community. These Updating activities are advertised in the E-News)
- 'CLOSED' Updating Workshops (The Club hosts Updating activities that are for host Club members only).

Updating activities will not be sanctioned unless the correct protocol is followed. For more information contact the GWA Education Officer. Club Sanction Forms and participants attendance sheets are available at http://gymnasticswa.asn.au/default.asp?Page=3876&MenuID=Policies_@_Forms/20120/0

10.3.3 GWA Technical Member Updating Procedure

Gymnastics Australia and Gymnastics WA record sanctioned updating activities on the National database. The types of activities recorded include those listed below.

Gymnastics Australia

- National education courses, workshops and clinics
- International and National competitions and events
- GA Online Education courses

Gymnastics WA

- State education courses, workshops and clinics
- Go for '2&5' State Championship events
- Sanctioned Club Updating Workshops

For the majority of Technical Members this will provide enough updating points for membership renewal. If you require other updating to be recorded Gymnastics WA will require you to keep a written log of updating activities and send to GWA Education Officer education@gymnasticswa.asn.au to gain your updating points. If the updating activity is outside a GWA event it must be forwarded with evidence of attendance or completion.

When submitting updating activities to the GWA Education Officer the Date, Time, Activity Name, and Supervisor/Head Coach details must be clearly stated.

Technical Members can log-in to the National Database to see how many updating activities and points they currently have. See <http://www.gymnastics.org.au/default.asp?id=3627> for more information.